

PATIENT INFORMATION SHEET

Gastroenterology Follow Up at Beechnut Medical Rooms

You are a valued patient of Dr Napthali and she will remain central to your ongoing care while you continue to need a Specialist Gastroenterologist.

Following your procedure or as part of longer-term management under a Gastroenterologist you are likely to come back to Beechnut Medical Rooms for a follow up appointment.

Dr Napthali uses a model of shared care alongside our GP with Special Interest Dr Fiona O'Connell.

Shared care - what does that mean?

You might have come across a model of shared care if you, or someone you know, has been looked after through diabetes, obstetrics or cancer care. While Dr Napthali is your dedicated Gastroenterologist, more complex and long-term patients can be seen more regularly by Dr O'Connell. You may also see Dr O'Connell following your endoscopy investigations.

Dr O'Connell does not replace your regular GP; she is predominantly focused on your Gastroenterology needs alongside Dr Napthali.

Can I see Dr Napthali if I prefer?

Absolutely, yes. Just let the receptionist know at the time of booking.

WHO IS DR FIONA O'CONNELL?

Dr Fiona O'Connell is a GP with Special Interest with a well established practice in Nelson Bay.

She spent her early career in Hospital Medicine, particularly Gastroenterology & Oncology before retraining as a General Practitioner in Edinburgh UK. She has a special interest in Holistic and Preventative Health and particularly enjoys helping patients with chronic disease understand and manage their long-term issues.

Dr O'Connell operates as part of a shared care model with Dr Napthali, spending more in-depth time with patients as part of their Gastroenterology referral.

What are some of the benefits to me?

- Dr O'Connell often has more time to spend with a patient and her appointment times are slightly longer to reflect this.
- Dr O'Connell has shorter wait times, so you can be seen more quickly or even at short notice.
- An appointment with Dr O'Connell has a lower fee than the Gastroenterology specialists and still provides a Medicare rebate.
- As a highly experienced GP, Dr O'Connell can answer your questions as well as proving broader context from her many years of experience of General Practice.
- Dr Napthali remains involved in your care going forward, so you have 2 specialists looking after you.



AFTER YOUR PROCEDURE

What happens now?

After your procedure, your follow up is important to complete the cycle of care and to ensure your questions and concerns are answered.

(If taken)
Biopsies can
take 3-4 weeks
to be processed
in the lab

Your gastroenterologist will see you if there are complex issues to discuss

Dr Fiona
O'Connell
(GP with Special
Interest) will see
you for a routine
follow up

For patients
having regular
colonoscopies for
surveillance, you
will follow up with
your GP

Dietitian Annette
Murphy will
coordinate care for
patients with IBS
and food
intolerance

ANNETTE MURPHY – Dietitian

Annette Murphy is a qualified Accredited Practicing Dietitian (Dietitians Association of Australia) and obtained her degree at the University of Newcastle.

Having worked with many of the gastroenterologists in the public setting, Annette is a key part of the team at Beechnut Medical who you might see as part the model of shared care with your gastroenterologist. The Doctor will let you know if they think a follow up with Annette is a good way forward. Annette is passionate about working with clients, listening to their concerns and formulating a realistic plan (in conjunction with the client) to improve their health and wellbeing.

CONTACT

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